

# Crazy Leg's 10k+ Trail Run Sunday, May 2, 2010

Course: The scenic 10k+ (~ 6.5 miles) course located in Devil's Backbone Open Space. The race starts on pavement for .25 miles then heads on to the trail. The finish line will be located in the trail head parking lot. The course has rocks, dirt, hills, other trail users and wildlife. So leave your pretty racing flats at home and accept the challenge. The race will go on no matter if it raining, sleeting, snowing, hot or cold. So be prepare for anything its Colorado!

**TO REDUCE THE IMPACT ON  
THE TRAIL THE FIELD IS  
LIMITED TO 80 RUNNERS.  
SO REGISTER EARLY!**

Start Time: The trail run starts at **7 am** SHARP on Sunday, May 2, 2010.

Parking: Parking is available at the trail head but is very limited. Please carpool, if possible

Timing: Chip timing? No baby we are going old school. After crossing the finish line you will be handed your overall placing on an index card. Please turn this card in ASAP

## Entry Fee:

\$30 includes T-shirt

\$25 no T-shirt

## NO RACE DAY REGISTRATION

### NO REFUNDS

Awards: Prizes will be awarded to the Top 3 male and female runners in each age division after the race.

## Age Division:

### 10k+ Male and Female

15 & under	40-49
16-19	50-59
20-29	60-69
30-39	70+

## Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_  
E-mail \_\_\_\_\_

Age \_\_\_\_\_ (on May 2, 2010)

Male \_\_\_\_\_ Female \_\_\_\_\_ T-shirt size S M L XL

## Entry Fee:

\_\_\_\_\_ \$30 Registration fee

\_\_\_\_\_ \$25 Registration fee w/o T-shirt

Total Amount Enclosed \_\_\_\_\_

**Please make checks  
payable to: Paul Stofko**

Please sent payment and complete registration form to:

Crazy Leg's 10k+ Trail Run  
C/O Paul Stofko  
221 S. 2nd Street  
Chesterton, IN 46304

I know that running a trail race is a potentially hazardous activity. I should not enter and run unless medically able and properly trained. In consideration of this entry, I waive all claims for damages or stolen properties against Larimer County, volunteers, sponsors, Pre's Posse Running Club, all of its officers and staff or any injuries suffered at this event, included post activities.

\_\_\_\_\_  
(Your signature and date; if under 18,  
parent/guardian must sign)

**More info at  
[www.paulstofko.com](http://www.paulstofko.com)**